



The Effect of Role Overload on Marital Quality of Hotel Employees

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Abstract

This study aims to evaluate effect of role overload, which includes work-related and nonwork-related life, on marital quality. In this context, role overload and marital quality and related concepts are examined and their extent and effects are discussed. The data used for this study were collected from hotel employees in Nevşehir, Cappadocia. This paper also examines the effect of work and family life variables on role overload and marital quality. According to empirical results, role overload has a positive effect on marital quality, but with the mediating effect of marital happiness role overload has a negative effect on marital quality.

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